



ARBOUR - HRI HOSPITAL

A Division Of Arbour Health System

EVENING IOP

Arbour-HRI Hospital offers an evening Intensive Outpatient program (IOP) for psychiatric or dual diagnosis clients who have co-occurring substance disorders. The program accommodates clients who cannot attend day treatment due to scheduling conflicts such as work, child care, or school.

The evening IOP clients meets on Monday, Tuesday and Thursday from 6:00 until 9:00 p.m. This program is designed for individuals who may have an outpatient therapist and/or psychiatrist, but need a higher level of clinical support. Licensed clinicians make up the treatment team and they will create a supportive therapeutic milieu offering crisis management, intensive therapy, and didactic, psychodynamic and educational groups.

This intensive, short-term program addresses mental health and recovery issues through a variety of interdisciplinary modalities. Treatment is provided through comprehensive psychoeducation-based groups, individual therapy, case management and aftercare planning.

IOP is for patients whose psychiatric and/or substance dependence symptoms are impeding their ability to function interpersonally and professionally, but who do not require the intensity of a partial hospitalization level of care.

For more information about the evening Intensive Outpatient Program, please contact the general adult IOP staff at 617-731-3200 x 187. Intake evaluations are being scheduled on Monday, Tuesday, and Thursday at 5:00 and 6:00 p.m. Please call the AHS Access/Intake Department at 800-22-ACCES.