

## DIRECTIONS

Arbour Counseling Services, Haverhill is accessible to the physically disabled and is convenient to public transportation.

### From Boston

- Take Route 93N to Route 495N
- Take exit 51A
- Follow Route 125 (Main Street) for 1.7 miles
- Turn left on Summer Street
- Go .3 miles to the corner of Summer Street and Highland Avenue. ACS, Haverhill is on the left

## ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour Counseling Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is licensed by the Massachusetts Department of Public Health and Bureau of Substance Abuse Services (BSAS).



# ARBOUR COUNSELING SERVICES HAVERHILL



**ARBOUR  
COUNSELING SERVICES**

*A Division Of Arbour Health System*

*Easy Access to Quality Mental Health Services*

[www.arbourhealth.com](http://www.arbourhealth.com)

116 SUMMER STREET, HAVERHILL, MA 01830  
PHONE: 978-373-7010 FAX: 978-373-1678





## OVERVIEW

With many locations throughout eastern Massachusetts, Arbour Counseling Services (ACS) offers a full range of programs and clinical specialties for mental and addiction disorders.

Arbour Counseling Services, Haverhill provides comprehensive outpatient counseling services to children, adolescents and adults.

### Services offered include:

- Individual, couples, family and group counseling for all ages
- Responsive assistance during times of crisis
- Individual treatment plans developed in response to patient and referrer goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals
- Evaluation and treatment of a wide range of counseling issues, including anxiety, depression and stress-related issues

### ACS, Haverhill has specialties in these areas:

- ADD/ADHD (child and adult)
- Addiction Services
- Behavioral disorders
- Child and adolescent psychiatry
- Court-involved adolescents and adults
- Domestic violence
- Dual diagnosis
- Special needs/developmental disabilities
- Geropsychiatry
- Mood disorders
- Parenting education
- Personality disorders
- Psychological trauma
- Psychopharmacology

- Self-injury
- School-related issues
- School outreach
- Women's issues

ACS, Haverhill also offers a Partial Hospitalization Program (PHP).

Psychotherapy groups are available. For current programming, call 978-373-7010 or visit our website at [www.arbourhealth.com/organizations/arbour-counseling-services/](http://www.arbourhealth.com/organizations/arbour-counseling-services/)

Languages spoken: Spanish, German, French, Hindi

## HOURS OF OPERATION

Monday – Thursday	9:00 a.m. – 8:00 p.m.
Friday	9:00 a.m. – 7:00 p.m.
Saturday	9:00 a.m. – 2:00 p.m.
Sunday	Closed

All appointments are scheduled with the highest level of confidentiality. Urgent appointments for outpatient therapy are offered within 48 hours of the request.

## INSURANCE

ACS, Haverhill accepts most insurance plans including, but not limited to:

- Blue Cross Blue Shield
- BMC HealthNet
- Cenpatico
- Fallon Health Plan
- Harvard Pilgrim Health Care
- Massachusetts Behavioral Health Partnership
- MassHealth and Medicare
- Neighborhood Health Plan
- Tufts Health Plan (Commercial and Public plans)
- United Behavioral Health

Call for additional insurance plans accepted. Self-pay arrangements are also available.

