



# ARBOUR COUNSELING SERVICES

*A Division Of Arbour Health System*

## HAVERHILL GROUP SCHEDULE

16 Summer Street, Haverhill, MA 01830

To schedule an appointment for any group, please call 978-373-7010 Monday through Friday 8:00 a.m. to 4:00 p.m. There will be insurance restrictions depending upon group facilitator, which can be reviewed at time of initial call to Arbour Counseling Services. All groups are ongoing except where noted.

### **Parenting Group**

*Wednesdays 3:00 p.m. to 4:30 p.m.*

The group offers education and support for parents who are caring for a child with a mental illness. The group is designed to tailor to both parents dealing with mental health services for the first time or those that have a child with a history of mental health services.