

DIRECTIONS

From Boston

- Take route 93 north to exit 31, Massachusetts 16 toward Arlington/Medford
- Take the Main Street exit toward Medford Square
- Turn right onto Main Street/Massachusetts 38
- Take 1st right onto Ring Road
- Take the 2nd right onto George P. Hassett Drive, ACS, Medford is on the left

Public Transportation

- Orange Line to Sullivan Station
- Bus 101 (Malden Station via Main Street)
- Get off at the City Hall stop

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour Counseling Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is licensed by the Massachusetts Department of Public Health and Bureau of Substance Abuse Services (BSAS).



ARBOUR COUNSELING SERVICES MEDFORD



ARBOUR COUNSELING SERVICES

A Division Of Arbour Health System

Easy Access to Quality Mental Health Services

www.arbourhealth.com

100 GEORGE P. HASSETT DRIVE, MEDFORD, MA 02155
PHONE: 781-393-4828 FAX: 781-393-4246



OVERVIEW

With many locations throughout eastern Massachusetts, Arbour Counseling Services (ACS) offers a full range of programs and clinical specialties. Arbour Counseling Services, Medford, provides comprehensive outpatient counseling services to children, adolescents and adults.

Services offered include:

- Individual, couples, family and group counseling for all ages
- Responsive assistance during times of crisis.
- Individual treatment plans developed in close collaboration with patient and referrer's goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals
- Evaluation and treatment of a wide range of counseling issues, including anxiety, stress-related issues, depression and substance use

ACS, Medford also specializes in the following areas:

- Adolescent services
- Psychiatric and psychological consultations
- Special needs/developmental disabilities
- Trauma evaluations and treatment services for children, adolescents and adults
- Substance abuse services including:
 - Suboxone Maintenance Program
 - Individual counseling and/or group programs

Psychotherapy groups are available on a variety of topics. Please call ACS, Medford for more information.



HOURS OF OPERATION

Monday, Wednesday, Friday 9:00 a.m. – 6:00 p.m.
Tuesday, Thursday 9:00 a.m. – 7:00 p.m.
Saturday call for appointment availability
Sunday call for appointment availability

ACS, Medford, is near public transportation and is accessible to the physically disabled.

All appointments are scheduled with the highest level of confidentiality. Urgent appointments are available within 24 hours.

INSURANCE

ACS, Medford accepts insurance plans including:

- Blue Cross Blue Shield
- BMC HealthNet
- Cenpatico
- Fallon Health Plan
- Harvard Pilgrim Health Care
- Massachusetts Behavioral Health Partnership
- MassHealth
- Medicare
- Neighborhood Health Plan
- Tufts Health Plan
- United Behavioral Health

Call for additional insurance plans accepted. Self-pay arrangements are also available.