

DIRECTIONS TO ARBOUR COUNSELING SERVICES OF NORWELL

FROM BOSTON:

- Take Route 93 South to Route 3 South (follow sign to Cape Cod).
- Take Route 3 South to Exit 14, Rockland and Hingham, Route 228.
- Turn left at the end of the ramp.
- At intersection of Routes 228 and 53, turn right onto Route 53 South.
- Travel 1.6 miles, 384 Washington Street will be on the right (down a side street extension of Washington Street in front of the KinderCare building).
- The center is located at the very end of the extension. (The Comcast Building is on the left when approaching the building).

FROM THE WEST:

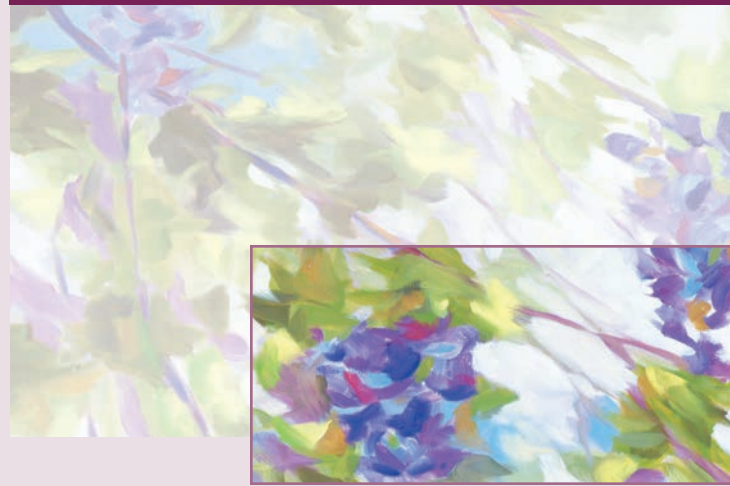
- Take Route 128 South to Route 3 South (follow sign to Cape Cod). Follow directions above.

FROM THE SOUTH:

- Take Route 3 North to exit 13 (Route 53 North).
- Follow 53 North (Washington Street) for 1 mile. 384 Washington Street is on the left (down a side street extension of Washington Street in front of the KinderCare building).
- The center is located at the very end of the extension. (The Comcast Building is on the left when approaching the building).

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.



ARBOUR COUNSELING SERVICES OF NORWELL



ARBOUR COUNSELING SERVICES

A Division Of Arbour Health System

384 Washington Street • Norwell, MA 02061
Phone: (781) 871-6550 • Fax: (781) 982-3464
Easy Access to Quality Mental Health Services
www.arbourhealth.com



Arbour Counseling Services offers a full range of programs and clinical specialties. The Norwell Center offers the following services:

- Individual, couple, family, child and group counseling.
- Psychiatric medication management for adults, children and adolescents.
- Emergency assessments and responsive assistance during times of crisis.
- Individual treatment plans developed in close collaboration with patients' and referrers' goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals.
- Evaluation and treatment of anxiety, depression, stress, major mental illness and substance abuse.

The Norwell Center also specializes in the following areas:

- ADD/ADHD
- Anxiety Reduction
- Child and Family Services
- Co-occurring Disorders
- Depression Alleviation
- Disability Determinations
- Domestic Violence Issues
- Eating Disorders
- Gay and Lesbian Issues
- Marital Issues
- Parent-Child Conflicts
- Psychopharmacology
- Psychotic Illness
- Relationship Issues
- School-Based Services
- Special Needs/Developmental Disabilities
- Stress Management
- Substance Use Disorders
- Second Offender DUI Aftercare
- Suboxone Treatment
- Trauma-Related Issues (sexual, physical and, child abuse)
- Women's Issues

The Norwell Center also offers a Partial Hospitalization Program for Adults and a Structured Outpatient Addiction Program (SOAP) for adolescents and adults.

Languages spoken:

- Spanish
- French
- ASL

The Center is accessible to the physically disabled.

HOURS OF OPERATION

SUNDAY	Closed
MONDAY	9:00 am - 8:00 pm
TUESDAY	9:00 am - 8:00 pm
WEDNESDAY	9:00 am - 8:00 pm
THURSDAY	9:00 am - 8:00 pm
FRIDAY	9:00 am - 8:00 pm
SATURDAY	9:00 am - 2:00 pm

All appointments are scheduled with the highest level of confidentiality and are available within 48 hours of referral, with urgent appointments available immediately. For more information, call the Intake Coordinator at (781) 871-6550.

Arbour Counseling Services accepts most forms of payment, including Aetna, Blue Cross Blue Shield, BMC HealthNet, Cenpatico, Fallon Health Plan, Harvard Pilgrim Health Care, Massachusetts Behavioral Health Partnership, Neighborhood Health Plan, Network Health, Tufts Health Plan, United Behavioral Health, Medicare, MassHealth and other insurances. Self-pay arrangements are also available.

Arbour Counseling Services is licensed by The Department of Public Health and is CARF accredited.

Arbour Counseling Services is a division of Arbour Health System (AHS) the largest private behavioral health system in Massachusetts. AHS consists of Arbour Hospital, Boston; Arbour-Fuller Hospital, South Attleboro; Arbour-HRI Hospital, Brookline; Pembroke Hospital; Westwood Lodge; Lowell Treatment Center; The Boston Center; The Quincy Center; Arbour Counseling Services, with 13 locations throughout eastern Massachusetts; and Arbour SeniorCare.