

# DIRECTIONS TO ARBOUR COUNSELING SERVICES OF HAVERHILL

## FROM BOSTON:

- Take Route 93 North to Route 495 North.
- Take Route 495 North to Exit 51A.
- Follow Route 125 (Main Street) for 1.7 miles.
- Turn left on Summer Street and proceed four blocks to intersection of Summer Street and Highland Avenue.

## ABOUT ABOUT COUNSELING SERVICES OF HAVERHILL

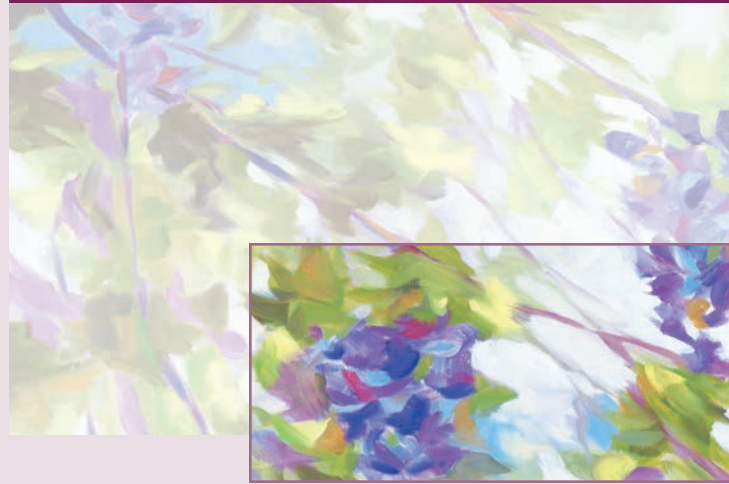
Arbour Counseling Services accepts most forms of payment, including Aetna, Blue Cross Blue Shield, BMC Healthnet, Cenpatico, Fallon Health Plan, Harvard Pilgrim Health Care, Massachusetts Behavioral Health Partnership, Neighborhood Health Plan, Network Health, Tufts Health Plan, United Behavioral Health, Medicare, Medicaid and other insurances. Self-pay arrangements are also available.

Arbour Counseling Services is Licensed by the Department of Public Health and is CARF accredited.

Arbour Counseling Services is a division of Arbour Health System, the largest private behavioral health system in Massachusetts. Arbour Health System consists of Arbour Hospital, Boston; Arbour-Fuller Hospital, South Attleboro; Arbour-HRI Hospital, Brookline; Pembroke Hospital; Westwood Lodge; Lowell Treatment Center; The Boston Center; The Quincy Center; Arbour Counseling Services, with 13 locations throughout eastern Massachusetts; and Arbour SeniorCare.

## ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.



# ARBOUR COUNSELING SERVICES OF HAVERHILL



**ARBOUR  
COUNSELING SERVICES**  
*A Division Of Arbour Health System*

116 Summer Street • Haverhill, MA 01830  
Phone: (978) 373-7010 • Fax: (978) 373-1678  
Easy Access to Quality Mental Health Services  
[www.arbourhealth.com](http://www.arbourhealth.com)



With many locations throughout eastern Massachusetts, Arbour Counseling Services offers a full range of programs and clinical specialties. The Haverhill Center offers the following services:

- Individual, couple, family, and group counseling for all ages.
- Emergency assessments and responsive assistance during times of crisis.
- Individual treatment plans developed in close collaboration with patients' and referrers' goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals.
- Evaluation and treatment of anxiety, depression and stress-related issues.

The Haverhill Center also specializes in the following areas:

- Attention Deficit Disorder (Child and Adult)
- Behavior Disorders
- Child and Adolescent Psychiatry
- Court-Involved Adolescents and Adults
- Diversion Program
- Domestic Violence
- Dual Diagnosis
- Eating Disorders (Adolescent and Adult)
- Geropsychiatry
- Mood Disorders
- Parenting
- Personality Disorders
- Psychological Trauma
- Psychopharmacology
- School Outreach
- Self-Injury
- Special Needs/ Developmental Disabilities
- Women's Issues
- Expressive Therapy

ACS, Haverhill also offers a Partial Hospitalization Program for patients 20 years and older.

## HOURS OF OPERATION

SUNDAY	Closed
MONDAY	9:00 am - 8:00 pm
TUESDAY	9:00 am - 8:00 pm
WEDNESDAY	9:00 am - 8:00 pm
THURSDAY	9:00 am - 8:00 pm
FRIDAY	9:00 am - 7:00 pm
SATURDAY	9:00 am - 2:00 pm

The Center is accessible to the physically disabled and is convenient to public transportation. For more information, call (978) 373-7010.

All therapy appointments are scheduled with the highest level of confidentiality and are available within 48 hours of referral.

Groups available:

- Parent Education

Languages spoken:

- Spanish

