

DIRECTIONS

Arbour Counseling Services, Brookline is at 227 Babcock Street at Arbour-HRI Hospital; Go to outpatient reception in the hospital lobby.

Via Public Transportation

- Take the Boston College (“B”) branch of the Green Line MBTA out Commonwealth Avenue past Packard’s Corner. The trolley line bears left.
- Get off at the Babcock Street stop.

From the North and South

- Take the expressway to Storrow Drive.
- Exit Storrow Drive at the Kenmore Square.
- Go right into Kenmore Square onto Commonwealth Avenue.
- Pass Boston University, then turn left onto Babcock Street.

From the West

- Mass. Pike east to the Allston/Cambridge exit.
- After the toll follow signs to Cambridge. At the Guest Quarters Suite Hotel, take a right onto Storrow Drive east.
- Take first Boston University exit and then take a right onto Commonwealth Avenue.
- Then follow directions from above.

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour-HRI Hospital is licensed by the Department of Mental Health (DMH), Department of Public Health (DPH), Bureau of Substance Abuse Services (BSAS), accredited by The Joint Commission (TJC) and certified by the Centers for Medicare and Medicaid Services (CMS).



ARBOUR COUNSELING SERVICES BROOKLINE



**ARBOUR-HRI
HOSPITAL**

A Division Of Arbour Health System

Easy Access to Quality Mental Health Services

www.arbourhealth.com

227 BABCOCK STREET, BROOKLINE, MA 02446
PHONE: 617-232-0353 FAX: 617-232-0354

OVERVIEW

Arbour Counseling Services, Brookline, a program of Arbour-HRI Hospital, offers a range of programs and clinical specialties:

- Individual, couple, family and group psychotherapy/counseling for adults and adolescents.
- Individual treatment plans developed in close collaboration with patient and referrer goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals.
- Evaluation and treatment of mental health challenges including anxiety, depression, substance abuse and addiction, stress-related issues, and most forms of major mental illness.

Arbour Counseling Services, Brookline also specializes in the following areas:

- Women's Issues
- Generalized Anxiety and Depression
- Post-Traumatic Stress Management
- Psychopharmacology
- Eating Disorders
- ADHD
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Issues

Languages Spoken

Please call for our current languages.

HOURS OF OPERATION

Monday–Friday	9:00 a.m. to 5:00 p.m.
Weekday evenings	By appointment only
Saturday	By appointment only
Sunday	Closed

Arbour Counseling Services, Brookline is accessible to the physically disabled and is convenient to public transportation. Adjacent street metered parking and, at certain times of the day, free street parking is available near the hospital. For more information, contact Arbour Counseling Services, Brookline at 617-232-0353.

All appointments are scheduled with the highest level of confidentiality and are usually available within 48 hours of referral, with urgent appointments available immediately.

INSURANCE

Arbour Counseling Services, Brookline accepts insurance plans including:

- Aetna
- Blue Cross Blue Shield
- BMC HealthNet
- Cenpatico
- Fallon Health Plan
- Harvard Pilgrim Health Care
- Magellan
- Massachusetts Behavioral Health Partnership
- MassHealth and Medicare
- Neighborhood Health Plan
- Network Health
- Tufts Health Plan
- United Behavioral Health

Call for additional insurance plans accepted. Self-pay arrangements are also available.