

## DIRECTIONS

Arbour Counseling Services is accessible to the physically disabled and is convenient to public transportation.

### From Boston

- Take Route 93 North to Route 495 North
- Exit from 495 at Exit 41B – Route 28 to Lawrence
- Follow Route 28 until you cross the Merrimack River
- At the light at the end of the bridge over the Merrimack, make a right turn on Canal Street (Lawton's Famous Hot Dogs is on your right)
- Look for entrance to parking lot between first and second buildings on your left, and park. The Center is in Suite 1 East, 599 Canal Street

## ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour Counseling Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is licensed by the Massachusetts Department of Public Health.



# ARBOUR COUNSELING SERVICES LAWRENCE



## ARBOUR COUNSELING SERVICES

*A Division Of Arbour Health System*

*Easy Access to Quality Mental Health Services*

[www.arbourhealth.com](http://www.arbourhealth.com)

599 CANAL STREET, LAWRENCE, MA 01840  
PHONE: 978-686-8202 FAX: 978-686-1281



## OVERVIEW

With many locations throughout Eastern Massachusetts, Arbour Counseling Services (ACS) offers a full range of programs and clinical specialties. ACS, Lawrence offers the following services:

- Individual, couple, family and group counseling for all ages
- Emergency assessments and responsive assistance during times of crisis
- Partial Hospitalization and Intensive Outpatient programs for Latino adults
- Intensive Outpatient Program (IOP) for increased services when outpatient treatment is not sufficient
- Individual treatment plans developed in close collaboration with patient and referrer goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals
- Evaluation and treatment of anxiety, depression and stress-related issues

The Lawrence Center also specializes in the following areas:

- Child and Adolescent Services, including Services for Court-Involved Children and Adolescents
- Geropsychiatry
- Psychopharmacology
- School-based Services
- Trauma Services
- Women's Issues

Languages spoken:

- Spanish

Groups available include:

- Women's Therapy Group in English and Spanish
- Grief and Depression Therapy Group in English and Spanish

## HOURS OF OPERATION

Monday through Thursday	8:00 a.m. to 7:00 p.m.
Friday	8:00 a.m. to 6:00 p.m.
Saturday	9:00 a.m. to 1:00 p.m.
Sunday	Closed

All appointments are scheduled with the highest level of confidentiality. Urgent appointments are usually available on the same day of contact. For more information, call the center director. To make a referral contact the Intake Coordinator at 978-686-8202.

## INSURANCE

Arbour Counseling Services, Lawrence accepts insurance plans including:

- Blue Cross Blue Shield
- BMC HealthNet
- Cenpatico
- Fallon Health Plan
- Harvard Pilgrim Health Care
- Massachusetts Behavioral Health Partnership
- MassHealth
- Medicare
- Neighborhood Health Plan
- Tufts Health Plan
- United Behavioral Health

Call for additional insurance plans accepted. Self-pay arrangements are also available.