

## DIRECTIONS

### From Boston

- Take route 93 north to exit 31, Massachusetts 16 toward Arlington/Medford
- Take the Main Street exit toward Medford Square
- Turn right onto Main Street/Massachusetts 38
- Take 1st right onto Ring Road
- Take the 2nd right onto George P. Hassett Drive ACS, Medford is on the left

### Public Transportation

- Orange Line to Sullivan Station
- Bus 101 (Malden Station via Main Street)
- Get off at City Hall stop

## ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour Counseling Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is licensed by the Massachusetts Department of Public Health.



# ARBOUR COUNSELING SERVICES MEDFORD



ARBOUR  
COUNSELING SERVICES

*A Division Of Arbour Health System*

*Easy Access to Quality Mental Health Services*

[www.arbourhealth.com](http://www.arbourhealth.com)

100 GEORGE P. HASSETT DRIVE, MEDFORD, MA 02155  
PHONE: 781-393-4828 FAX: 781-393-4246



## OVERVIEW

With many locations throughout Eastern Massachusetts, Arbour Counseling Services (ACS) offers a full range of programs and clinical specialties. Arbour Counseling Services, Medford, provides comprehensive outpatient counseling services to children, adolescents and adults.

### Services offered include:

- Individual, couples, family and group counseling for all ages
- Responsive assistance during times of crisis.
- Individual treatment plans developed in close collaboration with patient and referrer's goals and needs. Primary therapists work to coordinate all treatment issues and to maintain communication with other involved professionals
- Evaluation and treatment of a wide range of counseling issues, including anxiety, depression and stress-related issues

### ACS, Medford also specializes in the following areas:

- Adolescent services
- Psychiatric and psychological consultations
- Special needs/developmental disabilities
- Trauma evaluations and treatment services for children, adolescents and adults

Psychotherapy groups are available on a variety of topics. Please call ACS, Medford, for more information.



*Arbour Counseling Services, located at 100 George P. Hassett Drive, Medford, Massachusetts.*

## HOURS OF OPERATION

Monday – Friday	10:00 a.m. – 5:00 p.m.
Tuesday	10:00 a.m. – 7:00 p.m.
Saturday	Call for appointment availability
Sunday	Call for appointment availability

Arbour Counseling Services, Medford, is near public transportation and is accessible to the physically disabled.

All appointments are scheduled with the highest level of confidentiality. Urgent appointments are available within 24 hours.

## INSURANCE

Call for insurance plans accepted. Self-pay arrangements are also available.