

ABOUT THE PARTIAL HOSPITALIZATION PROGRAM

The Arbour-Fuller PHP is able to provide treatment for those diagnosed with a mental health disorder or those with a co-occurring addictions disorder. PHP is a highly structured short-term intensive treatment program that represents an important part of the continuum of care.

PHP either continues the evaluation and stabilization process initiated on an inpatient unit, or functions as a diversion from hospitalization. Patients receive individualized, focused, goal-oriented treatment to facilitate stabilization of symptoms in a less restrictive, non-institutional environment.

The overall program philosophy incorporates a disease and recovery model for both psychiatric and addictions disorders that emphasizes:

- Education to patients and families or support persons regarding the nature of the disorders that precipitated admission.
- Treatment to stabilize acute symptoms and to promote progress with rehabilitation and growth.
- Acquisition of specific cognitive and behavioral skills for managing symptoms and feelings as well as for development of new social supports and life skills. Dialectical Behavior Therapy (DBT) treatment techniques including skills groups and diary cards.
- Medication management with an attending physician or nurse practitioner.

Patients take an in-depth look at the process of relapse and develop strategies to effectively manage the individual issues as they may occur.

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

200 MAY STREET, SOUTH ATTLEBORO, MA 02703
PHONE: 508-838-2337



PARTIAL PLUS

A Short-Term Supervised Residence
South Attleboro, Massachusetts



ARBOUR-FULLER
HOSPITAL

A Division Of Arbour Health System

Easy Access to Quality Mental Health Services
www.arbourhealth.com



INTRODUCTION

Partial Plus is supervised housing for men and women who attend Arbour-Fuller Hospital's Partial Hospitalization Program (PHP). The dorms are on the hospital campus in South Attleboro, MA. There is no cost to the resident for the supervised housing. PHP will be covered by either the patient's insurance or a self-pay arrangement.

Partial Plus provides a supportive living environment for residents while they are in PHP treatment. The PHP serves to assist individuals who are either making the transition from inpatient level of care to independent living while continuing treatment or it provides diversionary care for individuals. Patients who are safe to remain in the dorm, but require the intervention of PHP to address their issues in order to prevent hospitalization, are appropriate candidates.

While at the dorm, residents are required to attend all PHP groups and related treatment at Arbour-Fuller Hospital.

DORM AMENITIES

Residents can take advantage of a variety of amenities including movies, cable television, and telephones. Staff encourages residents to enjoy personal interests including reading and hobbies, attendance at Twelve-Step meetings, and visits with families and friends. During the weekends, residents are required to participate in PHP. Residents will be provided with sober housing lists and are expected to actively work on those placements daily, with the assistance of staff.

Residents eat most of their meals in the cafeteria, and are expected to do their own laundry in the on-site facilities. Residents are also assigned other household chores in order to build their skills for

independent living. The residence has beds for men and women in separate single-gender dormitory-style rooms.

While the hospital campus is smoke-free, Partial Plus residents who smoke can take scheduled smoking breaks during the day.

RESIDENCE CLIENTELE

Men and women ages 18 years and above who can benefit from housing while enrolled in Arbour-Fuller Hospital's PHP for psychiatric or dual diagnosis (co-occurring psychiatric and substance abuse) disorders are appropriate for Partial Plus. Residents must be medically stable, comply with medication regimens, remain completely substance-free, and to attend all therapy groups. If an individual relapses, he or she will no longer be eligible to reside at Partial Plus. Residents are expected to have prescriptions filled prior to arrival at the supervised dorm and bring a two-week supply of medications.

REFERRALS AND INFORMATION

Clients and providers interested in Arbour-Fuller's Partial Hospitalization Program with Partial Plus should call the intake staff at 508-838-2337.

If the individual qualifies for partial hospitalization at Arbour-Fuller Hospital, the PHP staff will then discuss criteria for admission to Partial Plus. As part of the intake process, PHP staff reviews the case with the referring clinician and needs a faxed evaluation including information on current medications. If the patient is accepted to the PHP and Partial Plus, a bed will be reserved and a PHP intake appointment arranged. Admissions are scheduled Monday through Friday.

For PHP appointments without interest in the Partial Plus program, please call the AHS Intake Department at 800-22-ACCES.

