

DIRECTIONS

From the East

- From the east take Route US-6 west/
Mid-Cape Highway.

From the West

- From the west take Route US-6 east/
Mid-Cape Highway.

Then procede as follows:

- Take the Willow Street exit 7.
- Keep left on exit ramp to take a left on Willow
Street toward Hyannis/Falmouth.
- Left onto Higgins Crowell Road about .4 miles.
- Take the first left onto Ansel Hallet Road.
- 134 Ansel Hallet Road is on the left.
- Office entrance is in the back of the building.

From the Hyannis Airport Rotary

- Enter Lyannough Road/RT-28 going east.
- Take a left onto Yarmouth Road. You will go over
railroad tracks and Hess station is on the corner.
- Yarmouth Road becomes Willow Street.
- Turn right onto Higgins Crowell Road.
- Take the first left onto Ansel Hallet Road.
- 134 Ansel Hallet Road is on the left.
- Office entrance is in the back of the building.

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort
and hope, safety and shelter.

*Arbour Counseling Services is a division of Arbour Health System,
the largest private behavioral health system in Massachusetts. Arbour
Health System consists of Arbour Counseling Services, with many
locations throughout eastern Massachusetts; Arbour Hospital, Jamaica
Plain; Arbour SeniorCare; Arbour-HRI Hospital, Brookline; Arbour-
Fuller Hospital, South Attleboro; Lowell Treatment Center; Pembroke
Hospital; The Boston Center; The Quincy Center; and Westwood Lodge.*

Arbour Counseling Services is accredited by the Commission on
Accreditation of Rehabilitation Facilities (CARF), and is licensed
by the Massachusetts Department of Public Health.

134 ANSEL HALLET ROAD, WEST YARMOUTH, MA 02673
PHONE: 774-470-2294 FAX: 508-534-9347



ARBOUR COUNSELING SERVICES WEST YARMOUTH



ARBOUR
COUNSELING SERVICES

A Division Of Arbour Health System

Easy Access to Quality Mental Health Services

www.arbourhealth.com





OVERVIEW

With many locations throughout eastern Massachusetts, Arbour Counseling Services offers a full range of programs and clinical specialties. Arbour Counseling Services, West Yarmouth provides comprehensive outpatient counseling services to children, adolescents and adults.

Services offered include:

- Individual, couples and family counseling
- Psychopharmacology/medication management

Clinical specialties include:

- Adolescent emotional/behavioral counseling
- Anxiety Disorders
- Bereavement
- Chronic Mental Health
- Depressive Disorders

Home-based Therapy

Providing counseling services to patients in their homes.

Community Support Program

Arbour Counseling Services, West Yarmouth also offers a Community Support Program. This program assists adults who are considered to be at risk within the community. The program provides a longer-term case management service that encompasses the client's entire health profile, in order to reduce the number of hospitalizations on acute episodes.

HOURS OF OPERATION

Monday and Friday	9:00 a.m. to 5:00 p.m.
Tuesday–Thursday	9:00 a.m. to 6:00 p.m.
Weekday evenings	By appointment only
Saturday	By appointment only
Sunday	Closed

Arbour Counseling Services, West Yarmouth is accessible to the physically disabled. All appointments are scheduled with the highest level of confidentiality and are usually available within 48 hours of referral, with urgent appointments available the same day.

INSURANCE

For counseling and medication management, Arbour Counseling Services, West Yarmouth accepts insurance plans including:

- BMC HealthNet Plan
- Cenpatico
- Commonwealth Care Alliance
- Fallon Health Plan
- GIC
- Harvard Pilgrim Health Care
- Massachusetts Behavioral Health Partnership
- Medicare and Medicaid
- Neighborhood Health Plan
- Tufts Health Plan

Call for additional insurance plans accepted. Self-pay arrangements are also available.

The Community Services Program accepts a more limited number of insurance plans. For more information, call: 617-782-0505.

